

Circumcision

After your surgery

Circumcision is a minor surgery to remove all or part of the foreskin. This is the skin that naturally covers the glans of the penis.

Hygiene

- You can take a shower 2 to 3 days after your surgery, or as recommended by your surgeon. Avoid staying under the water for a long period, since this can damage your stitches.
- You can take a bath (and swim) 3 to 4 weeks after your surgery.

Diet

- Eat and drink normally, according to your tolerance.

Dressing

- Remove your dressing 24 hours after your surgery. If your dressing falls before that time, there is no need to put it back on.
- Apply an antibiotic ointment on the incision 2 times a day, for 1 to 2 weeks after your surgery, or as recommended by your surgeon.
- Your stitches will fall off 7 to 10 days after your surgery.
- Some discolouration around the incision is normal.

Bleeding

- If there is bleeding, apply pressure around the incision for 10 minutes. If the bleeding continues, go to the nearest Emergency.

Pain

- Take your medication as prescribed.
- Wear loose-fitting underwear. Tight-fitting underwear is not recommended in the days immediately following your surgery.

Activities

- Abstain from sexual activities or relations for 4 to 6 weeks after your surgery.

Contact your physician or go to the nearest Emergency if:

- you have pain that cannot be controlled by your medication;
- you experience nausea and/or vomiting;
- you have difficulty breathing or you have chest pain;
- you have fever or chills;
- you have difficulty urinating; and/or
- you have blood in your urine for more than 24 hours.

Your next appointment

Contact your surgeon to make an appointment after your surgery.

Date: _____

Time: _____

Place: _____

Doctor: _____

Your healthcare team is available to answer your questions.

Do not hesitate to inquire about the details of your procedure, your health, or your return home.

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