

Postoperative instructions

Hydrocelectomy Spermatoclectomy



Your return home

Dressings:

- Remove your dressing in three days.
- Icing your scrotum is permitted, but no more than 20 minutes every hour.

Hygiene:

- You may have a shower 48 hours after your surgery.
- No bath or pool for three weeks.

Diet:

- Resume a normal diet.

Physical activities

- Avoid physical activities for four weeks.
- Avoid sexual activity for two weeks.
- No driving for 24 hours after your surgery, or longer if you are taking pain medication.

Pain control and constipation prevention

- Take your prescribed medications regularly or take Tylenol™ and Advil™.
- Drink prune juice and/or take Metamucil™.

If this is not effective, take one tablespoon of Milk of Magnesia daily until you start having regular bowel movements.

Call your doctor or visit your nearest Emergency Department if you have:

- redness surrounding the incision;
- pain uncontrolled by pain medication;
- nausea and vomiting;
- shortness of breath, chest pain;
- fever and chills;
- discoloured discharge;
- uncontrolled bleeding.

Note: If bleeding occurs, apply pressure for ten minutes. If bleeding persists, go to the Emergency Department.

Please call your doctor's office on the day following your surgery to book your appointment.

Your follow-up appointment is in six weeks.

Notify 24 hours in advance for cancellations.

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